

### Please note:

If your child is injured/unwell outside of school hours, please ensure this is attended to prior to your child returning to school.

We can provide First Aid but are NOT a substitute for your GP/A&E.

### Risk Assessment

Parents/ carers MUST contact the school health and welfare officers as soon as possible if their child has an injury or new medical condition that will affect them at school, such as a broken limb or use of crutches. This is in addition to reporting your child's absence. Parents/Carers MUST then accompany their child on the first occasion to enable a risk assessment of the child to be undertaken, including, use of stairs and safe mobility around the school. This will also include completing and signing the relevant consent forms. Students will only be able to return to lessons in all classrooms when this assessment has been

completed.



### PE LESSONS

Please be aware that we cannot excuse students from taking part in PE lessons, you will need to liaise with the P.E. department regarding this. *Note that students will still be expected to change for PE and participate in other ways such as coaching or officiating.*

Where long term P.E. absence occurs, a letter from the relevant Doctor/Consultant will need to be provided.



### SANITARY WEAR

Medical have a supply on sanitary wear in case of emergencies.

### The following websites may be useful

[www.kidshealth.org](http://www.kidshealth.org) [www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk)  
[www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk)  
[www.talktofrank.com](http://www.talktofrank.com)  
[www.kidscape.org.uk](http://www.kidscape.org.uk)  
[www.youngminds.org.uk](http://www.youngminds.org.uk)  
[www.mentalhealth.org.uk](http://www.mentalhealth.org.uk)  
[www.childline.org.uk](http://www.childline.org.uk) [www.samaritans.org](http://www.samaritans.org)  
[www.rcpsych.ac.uk](http://www.rcpsych.ac.uk) [www.childanxiety.org](http://www.childanxiety.org)  
[www.phobics-society.org.uk](http://www.phobics-society.org.uk)



## Medical Room Information

School Health & Welfare Officers  
Miss Ballard/Mrs Coleman



Direct line: 01252 618175 (messages can be left 24hrs but will be listened to within school hours)

Email -[shwo@cps.hants.sch.uk](mailto:shwo@cps.hants.sch.uk)

See the school website for more information:

[www.calthorpepark.hants.sch.uk](http://www.calthorpepark.hants.sch.uk)

## Important Information

School health and welfare officers are available during school hours: 08.30 to 3.00.

If your child has a non-urgent problem then they can come to the Medical Room before Form, at break or during lunchtime.

If your child feels unwell in lessons they will need to be given permission by the teacher to attend the Medical Room.

Please note children must not contact parents/ carers (by phone/ text) if they feel unwell at school and, in the first instance must attend the Medical Room. Failure to follow this school procedure may result in a detention.

We will then decide if the child is able to return to class. The decision as to whether a child is to be sent home must be made by the School health and welfare officer (in consultation with the parent) and make arrangements for the child to be collected from school if appropriate.

All children will need to be collected from Reception.

If your child has attended medical during the school day they will be issued with written confirmation detailing their visit. This will also advise of any medication given if applicable.

### MEDICINES:

Please be aware that under health and safety regulations students are not allowed, under any circumstances, to carry

medication with them, except inhalers, epipens, diabetic medication.

Should your child require administration of any medication during school hours we will require written consent. The consent form can be found on our website under Medical—medical administration record or is available from the Medical Room.

All medicines must come in their original box / container and labelled with your child's name and form. This applies to both prescribed and over-the-counter medicines (please refer to medication medical administration record for further guidelines on school website).

Paracetamol/Ibuprofen can only be administered during break or lunch and will be dependent on each individual child's needs.

**Without written consent the school cannot administer any medicines.**

Students should bring new forms or medication the Medical Room first thing in the morning.



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### INHALERS AND EPIPENS

If your child has asthma and requires an inhaler or has a severe allergy requiring an Epipen we recommend:

- your child has their inhaler/ Epipen with them at all times

- you provide a spare inhaler/ Epipen to be stored in the Medical Room for use in an emergency



### KEEPING US UP-TO-DATE

If your child has any changes to their medical condition (including medication changes) please inform us as soon as possible to ensure that, should an emergency occur, the school has the most up to date medical information for EACH student.

Should you wish to discuss any aspect of your child's health needs and how we can support these within school please do not hesitate to contact us.

We work with Southern Health NHS School Nursing Team and they can be contacted for further advice and support.

<https://www.southernhealth.nhs.uk/our-services/a-z-list-of-services/child-health-services>