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learners who aspire for themselves and inspire others

29 January 2024



Dear Students, Parents and Carers,

CAKE SALE IN SUPPORT OF Place2Be and Children's Mental Health Week. FRIDAY 9th February

Children's Mental Health Week will take place this year from 5 -11 February.

As Calthorpe Park School Mental Health Ambassadors, we are passionate about promoting and raising awareness of mental health issues amongst young people as we understand the impact they can have on individuals and their families. We are proud to be supporting Children's Mental Health Week within our school community and focusing on the message that no child or young person should have to face mental health difficulties alone.

We have chosen to fundraise for the charity **Place2Be** which launched the Mental Health Awareness Week in 2015 to empower, equip and give a voice to every child in the UK, and will be holding a cake sale on **Friday 9 February** at lunchtime near the student foyer.

To help us ensure that this event is as successful as in previous years, we would ask that the guidelines below are strictly followed:

- We would welcome donations of individual cakes and biscuit (homemade or shop bought) to sell at this event
- Donations must be taken to ELSA **before** tutor time (8.40am). Please make sure that any Tupperware containers are clearly labelled with your name and tutor group, so that they can be easily returned
- Cakes and biscuits will cost £1 each although smaller items may be grouped together for this price. To avoid unnecessary cash handling, we ask that correct change is brought in by students

We really appreciate your support and look forward to this worthwhile and fun event.

Yours sincerely,

Mental Health Ambassador Team

